

Chapter 7-II: The Treatment Room

Homework / Quiz

HOMEWORK — STUDENT COPY

Name: _____ Date: _____ Score: _____ / 41

Section A: Room Preparation & Professional Image

Why preparation matters and the esthetician's appearance | Questions 1–8

Instructions: Fill in each blank with the correct term.

1. A clean, organized treatment room keeps the client comfortable and safe, helps you work efficiently, and projects _____.

Instructions: Circle TRUE or FALSE.

2. A well-prepared treatment room is necessary to comply with federal, state, and local laws.

TRUE FALSE

Instructions: Circle the letter of the best answer.

3. Which is part of an esthetician's professional image checklist? △ TRICKY

- a) Long, loose hair
- b) Well-groomed hair, nails, and proper uniform
- c) Strong perfume
- d) Heavy jewelry

Instructions: Fill in each blank with the correct term.

4. Long hair should be _____ back so it does not fall onto the client or into products.

Instructions: Circle TRUE or FALSE.

5. Minimal accessories and well-groomed nails are part of conveying professionalism.

TRUE FALSE

Instructions: Fill in each blank with the correct term.

6. A polished appearance and a _____ attitude together communicate professionalism.

Instructions: Circle TRUE or FALSE.

7. An esthetician's own skin should be well cared for, since it reflects their expertise.

TRUE FALSE

Instructions: Circle the letter of the best answer.

8. Appropriate makeup for an esthetician at work is:

- a) Polished and professional
- b) Whatever is trendy
- c) None ever permitted
- d) Heavy and dramatic

Section B: Furniture, Equipment & Ambience

Setting up the room for facials | Questions 9–20

WORD BANK: magnifying lamp • sharps • ergonomics • ambience • cabbie • autoclave

Instructions: Fill in each blank with the correct term.

9. A treatment room should appeal to all five of the client's _____ for a relaxing experience.
10. The general mood, feeling, and atmosphere of a spa is its _____.
11. The lamp used to magnify and illuminate the skin during analysis is the _____.

△ TRICKY

Instructions: Circle the letter of the best answer.

12. The two main functions of a magnifying lamp are to:
- a) Sanitize and dry
 - b) Mix and warm product
 - c) Heat and steam
 - d) Magnify and illuminate the skin

Instructions: Fill in each blank with the correct term.

13. A rigid, puncture-resistant container for disposing of lancets and other sharp items is a _____ container.
14. The heated cabinet that warms towels for facials is informally called a _____.

Instructions: Circle TRUE or FALSE.

15. Trash receptacles and laundry hampers should be covered and pedal- (foot-) activated. △ TRICKY
- TRUE FALSE**

Instructions: Fill in each blank with the correct term.

16. Designing the workspace to prevent strain, fatigue, and injury to the esthetician is called _____.

Instructions: Circle the letter of the best answer.

17. An esthetician's stool should be adjusted so that:
- a) Feet dangle off the floor
 - b) Hands work above the head
 - c) The back is twisted
 - d) Feet rest flat and posture is supported

Instructions: Fill in each blank with the correct term.

18. The adjustable bed the client lies on for a facial is the facial _____ (or table).

Instructions: Circle the letter of the best answer.

19. The device that produces warm steam to soften skin and follicles is the:
- a) sharps container
 - b) steamer
 - c) loupe
 - d) cabbie

Instructions: Circle TRUE or FALSE.

20. A supply cart or trolley keeps products and implements within easy reach during a service.
- TRUE FALSE**

Section C: Room Features & the Facial Bar

Structural requirements and station setup | Questions 21–28

Instructions: Circle the letter of the best answer.

21. A treatment room requires proper _____ to remove product fumes and odors.
- a) carpentry
 - b) insulation
 - c) carpeting
 - d) ventilation

Instructions: Fill in each blank with the correct term.

22. Flooring and workstations should be made of _____ (easy-to-clean) materials.

Instructions: Circle TRUE or FALSE.

23. A treatment room should have hot and cold running water available.

TRUE FALSE

Instructions: Circle the letter of the best answer.

24. A facial bar or station differs from a treatment room because it is: **△ TRICKY**
- a) Fully private with a closed door
 - b) Used for deep extractions
 - c) Used for chemical peels
 - d) An open area for express / mini treatments

Instructions: Circle TRUE or FALSE.

25. Intensive peels and extensive extractions should be performed at an open facial bar.

TRUE FALSE

Instructions: Circle the letter of the best answer.

26. Proper lighting in a treatment room should be:
- a) Adjustable, with bright task light for analysis
 - b) Dim at all times
 - c) Colored only
 - d) Off during service

Instructions: Fill in each blank with the correct term.

27. Outlets near water should be _____ (ground-fault) protected for electrical safety.

Instructions: Circle TRUE or FALSE.

28. A facial bar is positioned for maximum client visibility, often as a retail draw.

TRUE FALSE

Section D: Supplies & Disinfection

Managing, setting up, cleaning, and disinfecting | Questions 29–41

WORD BANK: multiuse • single-use • disinfect • clean • tongs • dispensary

Instructions: Fill in each blank with the correct term.

29. Implements that can be reused after cleaning and disinfecting are called _____ items. **△ TRICKY**

30. Items used only once and then thrown away are called _____ items.

31. To _____ is to remove visible debris; to disinfect is to destroy most pathogens on a surface.

△ TRICKY

Instructions: Circle TRUE or FALSE.

32. Cleaning and disinfecting are the same thing.

TRUE FALSE

Instructions: Fill in each blank with the correct term.

33. Single-use items should be picked up and set on a clean towel using _____, not bare fingers.

Instructions: Circle the letter of the best answer.

34. Products on the workstation should be arranged:

- a) By price
- b) Alphabetically
- c) By brand
- d) In order of application based on the skin analysis

Instructions: Fill in each blank with the correct term.

35. The stocked storage area holding professional products and supplies is the _____.

Instructions: Circle the letter of the best answer.

36. Used and clean linens should be: **△ TRICKY**

- a) Folded into the product cart
- b) Reused if they look clean
- c) Stored together
- d) Kept separate to avoid cross-contamination

Instructions: Number the steps in the correct order.

37. Number these treatment-room steps 1–5 in the correct order.

- _____ Review your schedule and the client's chart notes
- _____ Clean and disinfect the room and implements
- _____ Set out single-use items with tongs in order of use
- _____ Arrange products in order of application
- _____ Welcome and prepare the client

Instructions: Circle TRUE or FALSE.

38. Cleaning removes debris and must be done before a surface is disinfected.

TRUE FALSE

Instructions: Circle the letter of the best answer.

39. Multiuse implements are disinfected in:

- a) Toner
- b) An EPA-registered disinfectant solution
- c) Steam only
- d) Tap water

Instructions: Fill in each blank with the correct term.

40. Following the same precautions with every client as if they were infectious is called _____ precautions.

Instructions: Circle TRUE or FALSE.

41. Products should be kept stored and covered until the amount needed is dispensed.

TRUE FALSE

Bonus — Extra Credit

Not counted in the graded total | Questions B1–B2

Instructions: Fill in each blank with the correct term.

B1. Lancets must be disposed of in a _____ container, never in the regular trash.

Instructions: Circle TRUE or FALSE.

B2. A closable door provides privacy that a facial bar cannot.

TRUE FALSE

— End of Homework (41 questions + 2 bonus) —